

## 2021 Summer Health & Safety Policies & Procedures

The Carmel Christian team continues to closely monitor all requirements related to COVID-19. We are keeping abreast of guidance provided by the state in the [Interim Guidance for Day Camps and Program Settings Serving Children and Teens](#). Additionally, Athletic Workouts are also subject to guidance from our NC Athletic Association.

We are deeply committed to preserving the health and well-being of our Carmel Christian community.

Carmel is making efforts to protect our students and staff and to slow the spread of COVID-19, but your participation in events indicates that you voluntarily assume the risk that your child(ren) and you may be exposed.

Prior to participation the following are required from parents:

- **A signed [waiver](#) (students enrolled in CCS for 2021-22 school year completed this during enrollment)**
- **Agreement with summer policies and procedures (indicated by your participation).**

It is your responsibility to contribute to the health and welfare of our community by following guidelines designed to help promote the health of not only you, but also those around you. For the safety of everyone on campus those who are sick **MUST** stay home.

The following procedures are in effect for CCS summer programs while Carmel Christian School (a non-public school) is under expectations of the Governor's Order #215 and until any revision is published.

### Before coming to campus:

#### **Required Prior to Participation:**

- Documents required above are submitted.
- Please also reinforce proper hygiene techniques with your child/student at home to [stop the spread of germs](#) ([handwashing](#) and coughing/sneezing into a tissue or elbow, then washing hands).

**Each day**, prior to coming to campus, YOU (the parent) will need to do the following:

- Complete the Self-Screening Questions (Symptoms and Exposure) for each participant. If the answer is "yes" to any of the questions, the participant **MUST NOT** participate.
- Self Screening Questions:

*If you answer yes, to any of the following questions, you may NOT return to campus:*

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<b>Symptoms:</b>	
	<p>If, at any point In the last 24 hrs, you have experienced any of the following do NOT come to campus:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> A fever (greater than 100.4 degrees F) or chills in the past 72 hrs <i>(without the use of any medication)</i></li> <li><input type="checkbox"/> Chills</li> <li><input type="checkbox"/> New Cough</li> <li><input type="checkbox"/> Shortness of breath or difficulty breathing</li> <li><input type="checkbox"/> Loss of Taste or Smell</li> <li><input type="checkbox"/> Diarrhea (in children only)</li> <li><input type="checkbox"/> Vomiting (in children only)</li> </ul>
<b>Quarantine:</b>	
	<ul style="list-style-type: none"> <li><input type="checkbox"/> You have tested positive for COVID-19 within the last 10 days,</li> <li><input type="checkbox"/> You submitted the COVID-19 Reporting Form and are waiting to hear from the health team on when you may return to campus.</li> <li><input type="checkbox"/> Has any health department staff or a health care provider been in contact with you and advised you to quarantine?</li> </ul>

- If a participant is able to answer “no” to all questions, they may participate.

CARMEL’s staff are doing the following before they arrive:

- Checking themselves for the symptoms and exposure criteria.
- Activities are being organized and modified to comply with current policies. **We cannot guarantee that your child/student will not be in close contact with others.**

### **During On & Off Campus Workouts:**

#### What to Wear/Bring:

- Athletes should arrive dressed for workouts.
- **Participants need to provide their own refillable water bottle;** water fountains are still off, but bottle fillers are available.

#### Facility Access & Guests:

- Guests are allowed to come to campus and are expected to abide by current policies and procedures.

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- **Participants (i.e., non-staff)** are not permitted to “roam” the building. Their leaders will keep the group together in a designated location. Each defined group will have minimal exposure to the other groups on campus.
- A record of participation will be kept to allow for contact tracing when needed.

### Hand Hygiene:

- Either facilities to wash hands with soap and water or accessibility to hand sanitizer will be made available for use. Compliance with the best practice of washing hands after toileting and when hands are soiled is also expected.

### Face Coverings:

- Carmel Christian School a non-public school that the [Governor's order 215](#) names to follow the [NC Strong Schools](#) guidance when it comes to face coverings.
- Participants must wear face coverings when indoors unless an exemption applies or they are eating.
- Athletic events will follow the NC High School Athletic Association guidelines.
- Participants are permitted to wear face coverings more frequently than is required at his/her own preference.

### **If someone becomes symptomatic while participating:**

- That individual and any family members will be immediately separated from others
- He or she as well as an attending staff person will wear face coverings and will wait in a designated and separate location.
- The parent will be contacted and expected to either pick up the child as soon as possible or give permission for the athlete to drive themselves home.
- For the safety of everyone on campus those who are sick **MUST** stay home. The sick person must, at a minimum, satisfy the screening criteria in order to return.

## COVID-19 Reporting

**Each CCS Faculty, Staff, Student and Family MUST self-report if you or someone in your household:**

- *Has been Exposed to COVID-19*
- *Is awaiting a COVID-19 test result*
- *Has tested positive for COVID-19.*

***All members of your household should refrain from coming to the Carmel campus until you are contacted by the School Nurse regarding the appropriate next steps for your family.*** Our team will contact you as soon as possible, but not later than the following business day. [Click here](#) to confidentially inform the COVID-19 Task Force of a possible exposure.

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Carmel will follow CDC and NCDHHS protocol regarding notification and contact tracing in the event of a confirmed positive COVID-19 case in our community.

### After the program:

- Carmel has enhanced our disinfection procedures in accordance with CDC guidelines and industry's best practices.
- **If there is any change in your child's health, please notify your program leader as soon as possible.**